

Fundamental Principles of Ayurveda Course Overview

lakshmi ayurveda 



Why Train with Lakshmi Ayurveda?

Whether you aspire to become an Ayurvedic consultant, therapist or simply want to deepen your understanding of Ayurveda, Lakshmi Ayurveda is committed to providing you with the highest level of treatment training throughout the country.

You'll learn from Karin Gunthor, our senior facilitator, who has over 13 years experience in the field. Her training facilitation team will provide you with professional support to make the course enjoyable and fulfilling. The training will take place in the beautiful space at Lakshmi Ayurveda, a complete Panchakarma clinic located close to Fremantle in Western Australia. Karin leads the Panchakarma programs at Lakshmi Ayurveda and has completed her Certificate IV in Training and Assessment as well as a Bachelors of Ayurveda from Manipal University in India.



About the Course

Pre-requisite: The pre-requisite will be assessed on an individual basis. A sincere dedication to the path of Ayurveda is a must!

Course requirements: 100% attendance rate, passing assessments, an ongoing devotion to and love of Ayurveda, completion of teaching modules and completion of assignments. The fundamental principles course will be completely online and self paced.



Course Overview

Module 1: Introduction

Topics Covered

- *History of Ayurveda*
- *Classical Texts of Ayurveda*
- *Lord Dhanwantari*
- *Shad Darshan*
- *4 aspects of life*
- *Branches of Ayurveda*
- *Definition of Health*
- *Sanskrit Terminology*
- *Assessments*

Module 2: Fundamental Principles

Topics Covered

- *Panchamahabhutas*
- *Doshas*
- *Sub-doshas*
- *Agni - 13 agni*
- *Srotas*
- *Ojas*
- *Gurvadi Gunas*
- *Mana Guna*
- *Prakruti and Virkruit*
- *Malas*
- *Assessments*

Course Cost and How to Proceed

Course Cost

The cost of the course is \$290 AUD. This course is solely online.

The course is non-refundable upon commencement. Payment to be made via the online portal.

https://lakshmi-ayurveda-academy.teachable.com/purchase?product_id=3612064

How to Proceed

1. Complete the application form provided below.
2. Carefully read the terms and conditions, sign and date the form.
3. Return your registration information application.

- Email: training@lakshmiayurveda.com.au

If you have any questions or concerns you are welcome to contact us at +61406810547 or email training@lakshmiayurveda.com.au



Registration Information

Personal Information

First Name:

Surname:

Email Address:

Date of Birth:

Home Address:

Phone Number:

Emergency Contact Name:

Emergency Contact Phone Number:

Registration Questions

1. Have you completed any Ayurvedic Training before?
2. Why are you interested in completing the course?
3. What do you love about Ayurveda?

Frequently Asked Questions



Is this course for me?

Are you interested in Ayurveda and Ayurvedic treatments, massage, holistic medicine, and complementary health? If you answered yes to any of these questions then yes, the course could be for you!

What can I do after completing the course?

After completion of the fundamental principles course, you will have the option to move into deeper studies of Ayurveda. We are working on additional courses at the moment and eventually will release our Ayurvedic Lifestyle Consultant course in the future. You will be able to partake in Ayurvedic therapy training and internship options at the clinic upon completion of the fundamentals course. The choice on how you apply your learning is yours, the course is great for both personal and professional development!

Who will be teaching the course?

Karin Gunthor, the owner and head practitioner at Lakshmi Ayurveda will be facilitating the course. She has over 12 years of clinical experience in the field, holding a Bachelors Degree of Ayurveda with Honours from Manipal University in India. She has also worked as a nurse before and during her studies of Ayurveda, having worked internationally in emergency, high-level dependency, and public health nursing. Karin leads the Panchakarma programs at Lakshmi Ayurveda and has completed her Certificate IV in Training and Assessment.



Terms and Conditions

Liability

Lakshmi Ayurveda is not responsible for any cancellations made during or before the training course commences as a result of extraordinary events beyond reasonable control. These include and are not limited to personal occurrences. Lakshmi Ayurveda will not be able for any loss incurred by participants directly or indirectly attributed to the cancellation of the training.

Refund Policy

The course is non-refundable upon commencement.

Attendance

100% participation is required to complete the course.

I declare that I have read, understood and agree to the Lakshmi Fundamental Principles course terms and conditions.

Applicants Full Name:

Applicants Signature:

Date:

